



# KENNEDY'S

## COUNTRY GARDENS



### Arctic Fox Rose Foxglove

*Digitalis 'Balroxose'*

Plant Height: 18 inches

Flower Height: 24 inches

Spread: 18 inches

Spacing: 20 inches

Sunlight:

Hardiness Zone: 5a

#### Description:

Features rich rose tubular flowers with peach throats, nodding on stately stems; an exceptionally hardy hybrid for northern gardens, that will also handle southern heat; blooms yearly instead of biennially; happiest in part shade with adequate moisture

#### Ornamental Features

Arctic Fox Rose Foxglove features bold spikes of rose tubular flowers with peach overtones and crimson spots rising above the foliage from late spring to late summer. The flowers are excellent for cutting. Its pointy leaves remain green in color throughout the season.

#### Landscape Attributes

Arctic Fox Rose Foxglove is an herbaceous perennial with a rigidly upright and towering form. Its medium texture blends into the garden, but can always be balanced by a couple of finer or coarser plants for an effective composition.

This plant will require occasional maintenance and upkeep, and is best cleaned up in early spring before it resumes active growth for the season. It is a good choice for attracting bees, butterflies and hummingbirds to your yard, but is not particularly attractive to deer who tend to leave it alone in favor of tastier treats. Gardeners should be aware of the following characteristic(s) that may warrant special consideration;

- Self-Seeding

Arctic Fox Rose Foxglove is recommended for the following landscape applications;



*Arctic Fox Rose Foxglove flowers*  
Photo courtesy of NetPS Plant Finder



*Arctic Fox Rose Foxglove flowers*  
Photo courtesy of NetPS Plant Finder



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- Mass Planting
- Rock/Alpine Gardens
- General Garden Use
- Container Planting

### **Planting & Growing**

Arctic Fox Rose Foxglove will grow to be about 18 inches tall at maturity extending to 24 inches tall with the flowers, with a spread of 18 inches. When grown in masses or used as a bedding plant, individual plants should be spaced approximately 20 inches apart. It tends to be leggy, with a typical clearance of 1 foot from the ground, and should be underplanted with lower-growing perennials. It grows at a fast rate, and under ideal conditions can be expected to live for approximately 5 years. As an herbaceous perennial, this plant will usually die back to the crown each winter, and will regrow from the base each spring. Be careful not to disturb the crown in late winter when it may not be readily seen!

This plant does best in full sun to partial shade. It does best in average to evenly moist conditions, but will not tolerate standing water. It is not particular as to soil type or pH. It is highly tolerant of urban pollution and will even thrive in inner city environments. This particular variety is an interspecific hybrid, and parts of it are known to be toxic to humans and animals, so care should be exercised in planting it around children and pets.

Arctic Fox Rose Foxglove is a fine choice for the garden, but it is also a good selection for planting in outdoor pots and containers. With its upright habit of growth, it is best suited for use as a 'thriller' in the 'spiller-thriller-filler' container combination; plant it near the center of the pot, surrounded by smaller plants and those that spill over the edges. Note that when growing plants in outdoor containers and baskets, they may require more frequent waterings than they would in the yard or garden.